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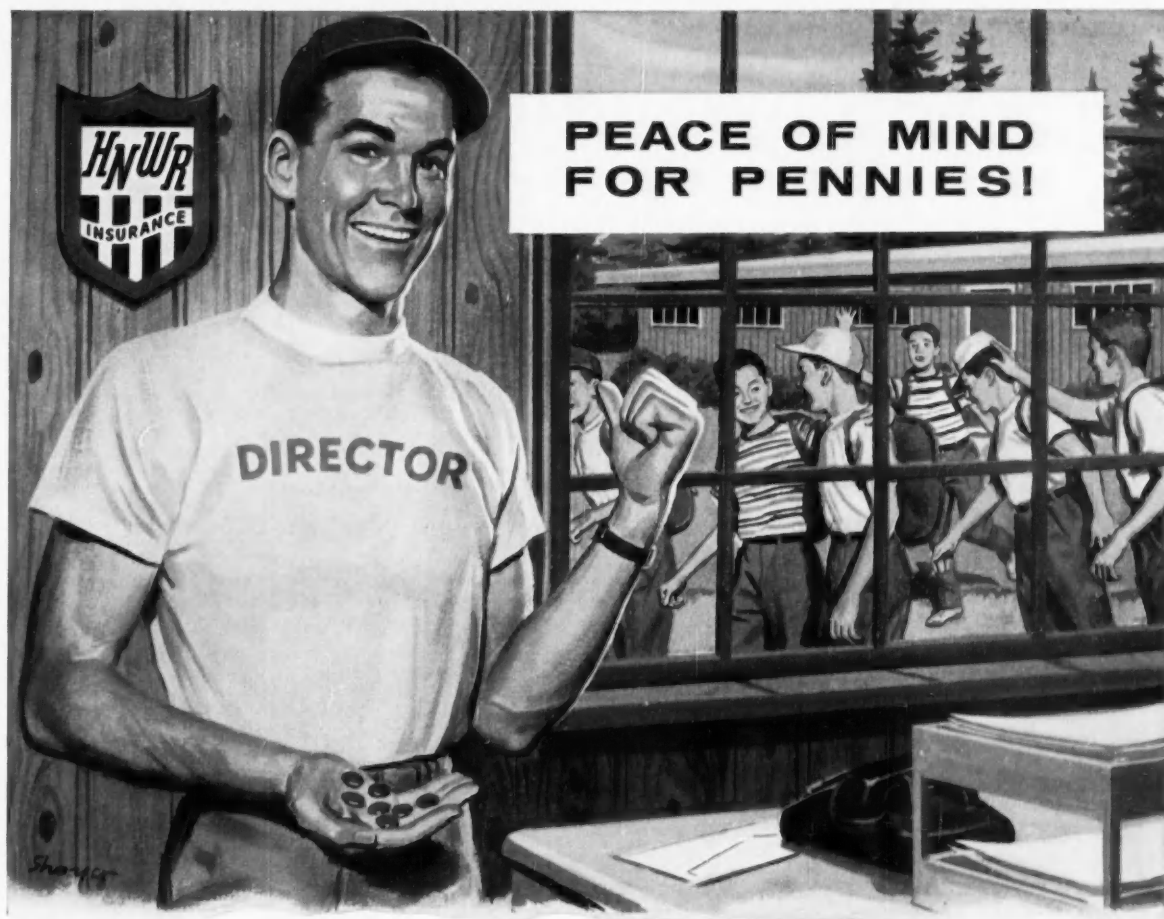
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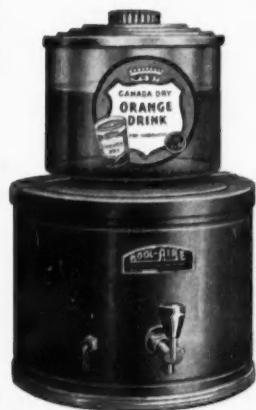
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# CAMPING MAGAZINE

May 1957

## **This Month's Features**

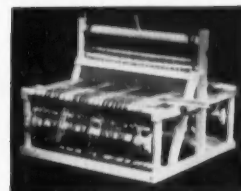
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The contents of Camping Magazine are indexed in The Education Index, and available on microfilm from University Microfilms.

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# books for better camping



## How to Plan and Conduct Workshops and Conferences

AUTHOR: Richard Beckhardt

PUBLISHER: Association Press, 291 Broadway, New York 7, 1956, \$1.00.

REVIEWER: Hugh D. Allen, Beloit College.

The process of moving conferences from the platform-centered approach to the group participation approach is not an easy one. A major deterrent in the process has been the lack of clear and enlightened "how to" materials than can be placed in the hands of conference leaders. Mr. Beckhardt has brought together a wealth of sound principles woven into a most readable manual that provides techniques of invaluable aid.

## "Mammals" and "Seashores" (Golden Nature Guides)

AUTHORS: Mammals: Herbert Zim and Donald Hoffmeister. Seashores: Herbert Zim and Lester Ingle.

PUBLISHER: Simon & Schuster, Inc., 630 5th Ave., New York 20, 1956, \$1.00 ea.

REVIEWER: Catherine Reiley, Girl Scouts of the U. S. A.

As usual these publications are excellent, and certainly the one on mammals would be an asset to any camp library. I would wholeheartedly recommend the one on seashores to those camps situated along the Atlantic or Pacific coast.

The information contained in any of the Golden Nature Guide book series is authentic and accurate.

## Camping

AUTHOR: Barbara Ellen Joy

PUBLISHER: Burgess Publishing Co., Minneapolis 15, Minn., 1957, \$2.75.

This is a thorough yet simple-to-follow survey of the principles and mechanics which are a necessary part of good camping.

Camping Magazine, May, 1957

Out of her great store of camping "know-how," Barbara Ellen Joy has presented selected material on areas such as Basic Philosophy, Administration, Leadership, Program, Health and Safety, and Camp Craft.

The 84 page book is spiral bound. Information should prove helpful to veteran or new camp directors and all those involved in camp program, leadership, or administration.

## Handbook of Marching Tactics

AUTHORS: Broer and Wilson

PUBLISHER: University of Washington Press, Seattle, Wash., 1956, \$1.50.

REVIEWER: Lorraine V. Buckman, Colorado Springs, Colo.

Alert program directors, seeking something different for camps, clubs, troops or related activity groups, will welcome this little pocket size, spiral bound manual on marching. Those who object to drills and marching units as too martial for use in recreation (the reviewer was one of those,) have much to learn (as the reviewer did,) of how marching, imaginatively used, can give many valuable experiences to boys and girls. The creative leader will see at once many program adaptations that could be made for ceremonial situations, in swimming classes, riding groups, displays for visitor's days, music organizations and so on.

## Creative Crafts for Campers

AUTHORS: Catherine T. Hammett and Carol M. Horrocks

PUBLISHER: Association Press, 291 Broadway, New York 7, 1957, \$7.95.

REVIEWER: Shirley Silbert, Instructor, City College Extension Div., and Craft Students League, YWCA, N.Y.C.

This book attempts to cover just about everything that is known as

# BOOKS of special interest... To the Camp Director

## ● CAMP CRAFT

by BARBARA E. JOY

For camp directors and counselors who want to take advantage of years of organized camping experience, this book is a *must*! In addition to the basic philosophy of camp craft, specific information is given about materials, procedures, methods and activities which are adaptable to any camp... regardless of size. \$2.75

## To the Recreation Director...

## ● GAMES FOR JUNIOR AND SENIOR HIGH SCHOOL STUDENTS

by HAZEL A. RICHARDSON

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## To the Waterfront Director...

## ● BEGINNING SYNCHRONIZED SWIMMING

by BETTY SPEARS

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**PERCY A. MORRIS.** A fine introduction to the reptile world. Provides the interesting facts about these friends of farm, field, and garden. There is information on nearly 100 different kinds — where to find them, how to recognize them, and how to catch and handle the harmless ones. Also data on the poisonous species and first aid for snakebite. *62 photos, drawings.* \$3.50

### CANOEING\*

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## books

arts and crafts, plus such correlated activities as music, dramatics, nature study, sports and special events.

As an introduction to the field of the arts and crafts and related subjects, it has much to offer. Its many projects, written in step by step fashion utilize form, design and materials found in the open. Equipment is suggested with all projects. Many practical suggestions are given to help make camp living more comfortable. The chapters on equipment making and campcraft are particularly noteworthy. Some projects are handled with more thoroughness than others.

Perhaps one of the finest contributions of this book is to show how broad an area arts and crafts cover. Although brief, there is enough information here to whet the interest of the reader and set him on a research journey.

### Treasury of American Indian Tales

**AUTHOR:** Theodore W. Ressler

**PUBLISHER:** Association Press, 291 Broadway, New York 7, 1957, \$3.95.

**REVIEWER:** William B. McMorris, Boy Scouts of America

This is a collection of stories that can be read or told aloud to pre-teen boys and girls. As such, they are probably adequate, depending on the skill and personality of the reader.

They are designed to teach certain moral lessons and present something of the cultures of many Indian tribes in this country. Emphasized are the qualities of courage, truthfulness and family harmony among the tribes mentioned.

Most of the stories have a sameness about them, but one each night around any camp fire is a pleasant and interesting prescription.

### Books Received

**YOUR CHILD AND OTHER PEOPLE,** by Rhoda W. Bacmeister. Publisher: Little, Brown & Co., Boston, Mass. \$3.75.

**HOME AQUARIUM HANDBOOK,** by Griffith and Lillian Borgeson. Publisher: Arco Publishing Co., Inc., New York City, \$2.00.

Camping Magazine, May, 1957

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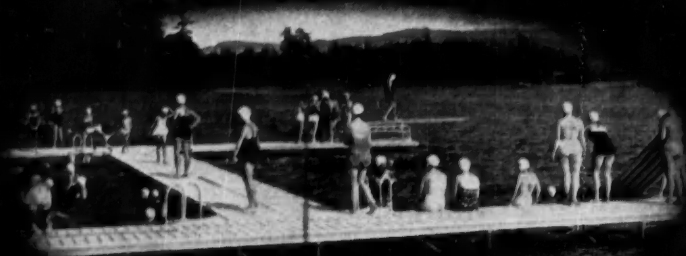
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**CAMPING MAGAZINE**

Plainfield, N. J.

## letters from readers

### Couples as Counselors Suggestion

On John Dreasen's suggestions, "Using Couples as Counselors," (March, 1957 CAMPING MAGAZINE) may I suggest to camps just beginning to plan for couples that your investment will be worth even more if you also plan for the younger children of these couples with a nursery program.

For 10 years now, we have included staff who have children under the camper age of eight. These staff parents pay a part of their salary to offset the hiring of a nursery school teacher and an assistant (often one of the mothers.)

A regular program is planned for them during the day and including meal times, but the children sleep with their parents. This nursery is also an area where older teenage girls (from our camper-worker group) can have a part-time work experience.

The camp will benefit from the maturity and stability of married couples and enjoy also their pleasure in sharing camp on a family basis.

Betty H. Tuck  
Pioneer Youth of  
America, Inc.  
New York, N. Y.

### Teen-Age Thinking

A high school student wrote the following on one of our camp counselor application blanks:

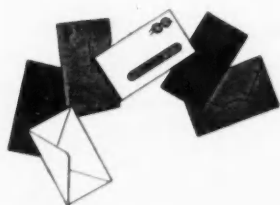
"If I were to live with these children a week, I think I could contribute to their lives a different and better experience. Since they would be younger, I would teach some how to swim and not be afraid of the water.

"Along with physical advantages like hiking, riding, rowing, cooking, dancing, and sewing, I would try to add to their spiritual background. I might be able to teach them to get along better in the world and be independent.

"I think that camp is one of the most important things in a child's life next to church and a stable home. If it is planned well, it can

Camping Magazine, May, 1957





give children a sense of security and being wanted.

"Children can learn a lot about the mountains, trees, water, and God's world. Most of all, they can learn to get along with each other and know the importance of God."

*Robert H. Scanland  
First Congregational Church  
Los Angeles, Calif.*

#### Advocates Visiting Others

I have worked for a number of years at camp and have come to the conclusion that directors and head counselors should visit other camps each summer for new ideas. I have made visits to other camps for the last two summers.

Camp directors and other key personnel in the operation of a camp are seriously neglecting their duty if they do not make an effort to visit other camps in actual operation during the summer. Many directors and head counselors visit during the winter with other personnel at conferences and workshops searching for new ideas and new ways to solve their problems. There is nothing like seeing ideas in actual practice!

For most camp personnel it is extremely difficult to find time for a quick visit to another camp, but the time spent at another camp is a wonderful and worthwhile experience. Seeing actual camp operations can give a totally different and more meaningful impression.

A camp director should make arrangements in the early spring for a visit to a camp in his locality. Most camp directors are honored and proud to let others spend a day in observation.

A word of caution for those planning a visit to another camp. Do not visit with the idea of comparing one camp with the other. Instead, try to seek new ideas which could, with modification and change, be advantageous to your camp.

*Jack Swan  
Roscoe, New York*

Camping Magazine, May, 1957



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staff and campers can achieve a real partnership through



Drawing by Kay Edwards

# Camper Planning

By Kay Dean

**M**ANY OF US as camp directors and counselors give lip service to "camper planning," but how much are we actually allowing the campers to plan? What does this term mean in our camps and to our campers?

Encouraging campers to participate in planning the program and mechanics of camp does not necessarily mean sitting down with them on the day of their arrival and saying, "Well, what would you like to do while you're here?" This might be a starting point, but planning is a continuous process. It is a process that goes on throughout the camper's stay. It calls for the counselor's ability to detect interests, to stimulate ideas and to encourage the carrying out of these desires.

## Follow Through

Too often campers are given opportunity to express their ideas but not the help to follow them through. It is true that children sometimes need help in curbing their enthusiasms and in keeping their projects on a camper level. Again, the counselor has a role to play. By presenting reality factors and helping campers to consider each part of their plan, counselors are able to assure more satisfying results.

Part of the philosophy of camping is to offer opportunity for individual campers to grow in self-reliance and resourcefulness. We hope to provide an experience

which builds toward improved social adjustment and participation. What better learning can a camper gain than to share in the total life of his camp community?

## Flexibility of Rules

Most of us need controls and disciplines, but we are better able to accept these when we share in setting the limits and have an understanding of the reasons for them. So it is with campers. Some rules are necessary in order to insure health and safety of campers. Within these bounds, is there room still for flexibility and camper planning? Perhaps we overlook these opportunities in our efforts to have a smoothly running camp.

To illustrate, campers arrive in camp during early afternoon. Their first activity, after meeting staff, is to get settled in their tent groups. A short swim usually fills the time before dinner. After dinner, there are unit campfires where they may discuss:

"What things should be considered so we can enjoy living together?"

"What camp housekeeping will need to be done and how shall we divide the jobs?"

"What schedules do we need, such as Taps, rising, etc.?"

"What are some of the things we want to do in camp?"

During discussion, staff encourages expression of ideas and offers suggestions. They try to impart

helpful information that will give campers a feeling of "at-homeness."

By the second day at camp, campers' plans begin to take form. These are not welded into a rigid program which cannot be altered, but are used as a guide for including activities campers have requested. This is done with campers working in small planning groups, followed by a discussion with the group as a whole. Activities are carried out as a group or in smaller interest units. This sort of planning does not preclude the possibility of introducing new skills and different activities to campers. It often results in a well-rounded program. Campers are not only learning to plan and carry out, but to make choices. Each camper has the experience of planning in a small group of six or eight, of living with another small group and of participating in activities with six, eight or 20 others.

## Staff Benefits

Camper planning is an exciting experience for camp staff as well as for campers. As campers grow in their abilities to participate, to express opinions and to assume responsibility, and as counselors grow in their abilities to allow this expression, to encourage, to guide and to let go the reins, the camp becomes a real partnership.

—Miss Dean is director of Camp Wind Mountain, Portland, Ore. Area Council Girl Scouts, Inc.

**comparative low cost and popularity among campers  
of all ages point up advantages of an**



## Air Rifle Program

**R**IFLERY is recognized as one of the most popular activities offered in camp. Too often, however, a riflery program must be limited to older campers for several reasons. These reasons include cost of equipment, range facilities, lack of qualified leadership and the belief that campers under 10 years should not be allowed to handle a high-powered rifle.

The addition of an air-rifle program to your camp activities may enable you to overcome these limitations and offer riflery to all campers.

### Content of Program

Just what is an air rifle program? An air rifle program uses spring-type air rifles, BB's for ammunition and a 15 foot range. In recent years, the National Rifle Association has set up a Junior Marksmanship program for air rifle shooters and will supply official targets, emblems and awards. The NRA will also supply information and aids for setting up the program to summer camps holding membership in the organization.

Air rifle shooting can be organized along the same lines as your present .22 rifle program. Campers may shoot for individual scores or as a team.

### Cost of Air Riflery

One of the greatest advantages of an air rifle program is its comparative low cost — both initially for equipment and for supplies. Air rifles range in price from about \$6.00 to \$15.00 each. Liberal discounts are often offered to camps by the manufacturers. Ammunition

costs approximately 5¢ for 125 shots. Ranges for air rifle shooting can be set up easily at very low cost.

### Leadership

Instructors and leaders for an air rifle program should be selected as carefully as those for a .22 rifle program. This is important both to give campers good basic instruction in the handling of firearms as well as for safety's sake. Some camps have reported successful air rifle programs conducted by a counselor who received basic instructions and supervision from the regular rifle instructor.

### Range Facilities

A rifle range set up for .22 shooting can easily be adapted to an air rifle program. Targets can be set up 15 feet from the firing line and you're in business! However, if you wish to set up a separate range, natural terrain can be easily adapted. All safety precautions should be taken. These include fencing off all "blind" approaches and posting warning signs, making sure that all brush, rocks, etc. are cleared so that BB's will not ricochet, and positioning the range so the sun does not shine in shooters' or instructors' eyes.

Backstops for spring-type air rifles, both for indoor and outdoor shooting, may be made of corrugated boxes tightly stuffed with crumpled newspapers. For a more permanent backstop, a sheet of 1/4 inch plywood can be set at a slight angle so the BB's will glance downward. This can be painted and will usually last for an entire season,

An indoor range can be set up for rainy day shooting. All safety precautions should be checked just as carefully for indoor shooting.

### Advantages of Program

An air riflery program can be a worthwhile addition to your camp activities whether or not you currently have a .22 rifle program. Alone, it can serve as valuable training for campers of all ages in the safe handling of guns. Campers can learn the basic techniques of firing in all four positions, scoring, and care of guns.

Used with an established .22 rifle program, air riflery will extend the activity to younger campers. Many directors have found that air rifle shooting serves as a valuable "stepping stone" to the more advanced program. The low cost of ammunition gives more freedom to beginners to learn to shoot in all positions.

Perhaps the most important advantage of an air rifle program is the enthusiastic approval of campers — and parents!

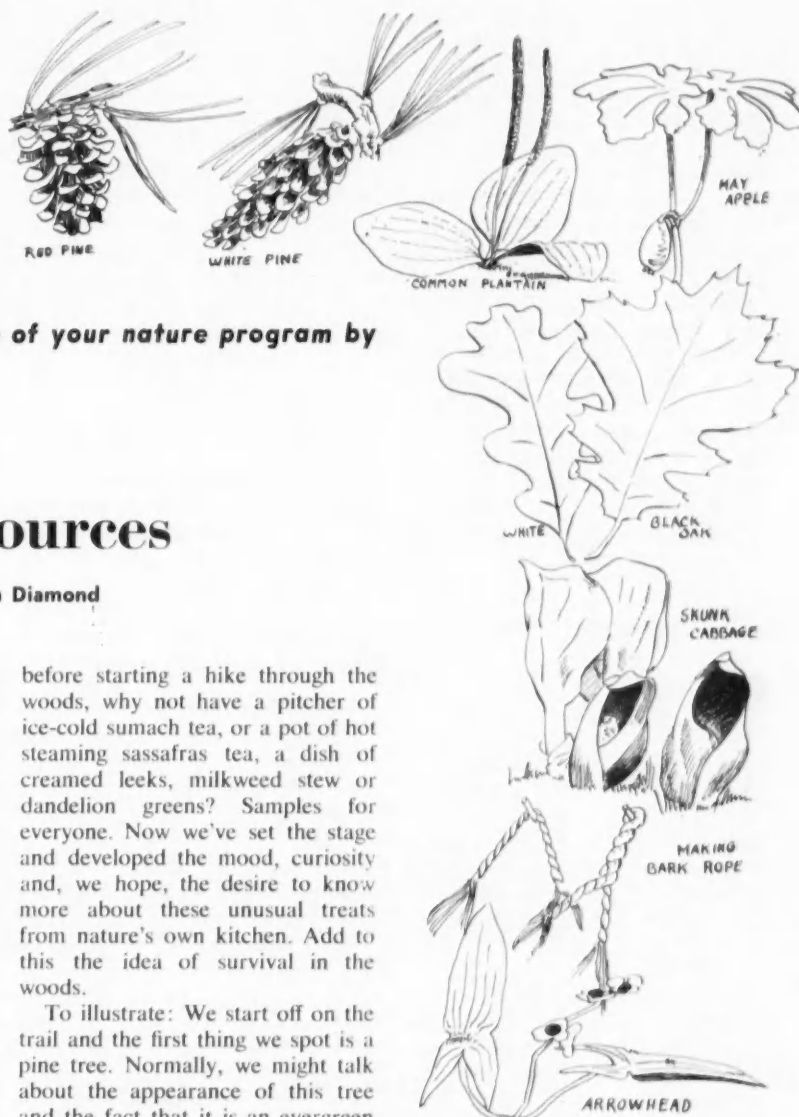
### Resource Material

Information on the National Rifle Association's Junior Marksmanship program for spring-type air rifles may be obtained from that organization at 1600 Rhode Island Ave. N.W., Washington, D. C. Applications for summer camp memberships must be filed with the NRA before June 1.

Manufacturers of air rifles will also supply helpful information and material.



The article on these pages suggests many interesting and imaginative ways to enliven your camp's nature program. However, the editors wish to emphasize that highly trained leadership is most necessary for its success and for your campers' safety.



you can broaden the scope of your nature program by

## Using Nature's Resources

By Ralph Diamond

**Y**ESTERDAY it was Davy Crockett; today it's a burning interest in Wyatt Earp, travel to the moon, jet-propelled planes; tomorrow it's anybody's guess! But the fact remains that our present generation of boys and girls, like all their predecessors are interested in adventure and that with a capital "A." True, it's adventure at a faster pace and with horizons unlimited, but children's desires haven't changed.

There is a wonderful opportunity in the development of our camp nature study program to capitalize on this spirit of adventure and to tie it in with some practical hints and suggestions on survival. The Armed Forces are now conducting intensive training courses in survival under most primitive and trying circumstances. Almost every American boy faces the prospect of serving in his country's military forces. All of us in the field of camping have a positive and real contribution to make in helping young people meet and face these challenges. So much for the reasons. Now let's see how we can do it.

### Adventure and Food

Besides their love of adventure, all kids like to eat! Here is an ideal pair or set of conditions — adventure and food. Who can ask for more? In the Nature Lodge, just

before starting a hike through the woods, why not have a pitcher of ice-cold sumach tea, or a pot of hot steaming sassafras tea, a dish of creamed leeks, milkweed stew or dandelion greens? Samples for everyone. Now we've set the stage and developed the mood, curiosity and, we hope, the desire to know more about these unusual treats from nature's own kitchen. Add to this the idea of survival in the woods.

To illustrate: We start off on the trail and the first thing we spot is a pine tree. Normally, we might talk about the appearance of this tree and the fact that it is an evergreen or that it can be identified by the number of needles. However, in the new approach, we point out that should you ever punch a hole in your canoe or rip your tent, sap from the pine tree makes an excellent cement or glue to temporarily repair the damage. Obviously, your listeners will look upon this tree in a different light. Upon closer scrutiny it will be found that this tree has five needles, which fact makes it a White Pine and if two needles, a Red Pine. The sap from these and other pines can also be used.

### Berries

On our nature trail undoubtedly we will find any number of berries — dewberries, blackberries or rasp-

berries. If they are ripe everyone will eat some, but if no berries are evident it should be pointed out that young and tender leaves can be boiled and served as greens.

Speaking of boiling, you might ask your campers if they have any idea where our pioneer forefathers got their tea. The answer will probably be "China." This was rarely the case. China was too far away and the cost of importing too prohibitive. The correct answer is from wild strawberry leaves. These were gathered, dried and used to brew the tea that pioneer women would set before family or guests.

There are other sources for making beverages. Cut off red staghorn sumach berries when ripe, and soak

in cold water overnight. This makes an excellent hot weather drink. It tastes like iced tea with lemon! Sassafras roots dug up in early spring and boiled make a good tea. Birch beer, very similar in taste to root beer, can be made by boiling young twigs of black or yellow birch trees. For a new taste sensation for your campers, pick twigs from black or yellow birch trees, sassafras and spice bushes, and let them chew on these as they walk along the trail.

So we move along the trail. Here in the deep shade of the hemlock trees you will find mountain tea-berry leaves and berries. Eat them as they are for a delightfully cooling treat. In the deep woods you may find the graceful cucumber. Don't pull up too many, rather dig one, clean it and cut enough samples for everyone to taste. Without a doubt, it is one of the tastiest items found in the woods.

#### River Edge Plants

Now our nature trail comes out into the open along the river. Here, invariably, we will find Joe Pie-weed. You will notice the stem of this plant is hollow all the way through. The next time your campers are swimming, have them take a few of these stems and try swimming under water, using the stem as a breathing tube.

Next to the water's edge and growing almost in the water, we find arrowhead. The Indians collected this plant by the bushel, stored it and used it as we use potatoes. Cattail root, which may grow in the same spot, can be used in the same way.

Several members of the mint family also will be found along the river's edge. They are peppermint or doublemint, bergomat, and oswego tea. Notice their square stems. All these plants can be eaten raw or steeped in hot water to make a tea.

For the practical minded campers you can point out that water cress, also found on the river's edge, can be gathered and sold to net a nice profit. It has a delicious, peppery taste and makes a fine salad.

Growing out of the water with its feet in the mud is the lowly skunk cabbage. To dispel any doubts about this plant let everyone smell and remember! Before we

condemn it, keep in mind the fact that skunk cabbage or relatives of skunk cabbage live in all parts of the world and all of them are good to eat. The tender young leaves of the cabbage may be boiled and eaten. They will not taste good but will be very nutritious. The root of this plant can be gathered dried and ground into flour to make a fine tasting chocolate cake.



Veering away from the river's edge and upon the bank we may find a patch of violets. If it's in the spring you may just bite the buds of the flower and find them very sweet. This can also be done with white and red clover. The flowers from these plants are sweet.

#### At Edge of Woods

Just on the edge of the woods we find a carpet of umbrella-shaped leaves. This is the may apple or mandrake. Late in the fall the fruit of this plant is quite nourishing. It tastes something like an over-ripe banana and looks like a lemon. *Caution*—the leaves, root and stem of this plant are poisonous, just eat the fruit.

In this same general area we notice oak trees, maples, beeches and birches as well as other trees of the hardwood forest. We've already made reference to the birch trees. Point out to your campers the beech, more specifically the American beech. Nature uses this tree as a silo or storage place. This tree is most likely to be selected by squirrels to conceal their winter horde of nuts. If there's a noticeable opening in the trunk of one of these trees, have a camper climb up and cautiously put his hand in the hole. He should find a storehouse of nuts.

Another source of food both for animals and human beings if in dire need, is the oak, and more specifically the white oak. Members of this family can easily be identified by the rounded lobe on the leaf, quite different from the black oak family which has pointed lobes. It is important to know the difference be-

cause the acorn of the white oak is sweet and very good to eat, whereas the black oak has too much tannic acid to be palatable. White oak acorns, ground up into flour, make wonderful cookies.

#### Making String or Rope

One of the most essential pieces of equipment, if marooned in the woods, is string and rope. String is needed for snares, nets, and fishline and rope for rafts, shelters, etc. The material to make these items may be found on your nature trail.

Excellent line can be made from Indian hemp or milkweed. It's a simple matter to twist inner fibers from stems of these plants into strong fish line. Hooks for the fish line can be made from thorns of hawthorn.

If rope is desired, fibers from the inner bark of tulip or basswood trees can be twisted in much the same way. Emergency rope can also be made from wild grapevine. Test the grapevine first before placing any great strain on it.

Wild grapevine is quite interesting. During the spring, summer (if not too dry) and fall months you can cut the vine close to the ground, put the top section in your mouth and get sufficient water to quench your thirst. The fruit of the wild grape (still on the vine in the winter) is a good dehydrated food—raisins provided by nature. Eat a handful, drink some water and feel full and comfortable.

These items, of course, are just a sample and fragment of the many thousands that are found in the woods and on the trail. A life time can be spent in searching for and learning about their uses and purposes. It is our hope that we have aroused your curiosity just a little, and that you, in turn, will go out and look and experiment for yourself and then pass on to the campers that will be coming your way this summer, something about the wonders of God's out-of doors.

—Mr. Diamond, director of conservation for the Greater Cleveland, Ohio, Council, Boy Scouts of America, related his experiences in this field to Felix A. Danton, who put them in written form. Illustrations are by Ray Harm.

Camping Magazine, May, 1957

# Control of Poison Ivy

By B. H. Grigsby

**P**OISON IVY, *Rhus toxicodendron*, may grow as a short, upright plant, four inches to a foot tall; as a trailing vine, two to three feet long; or as a climbing plant extending up fence posts or into trees and shrubs. In all cases, the plant produces long-stalked leaves divided into three parts. In early summer, clusters of greenish-white flowers are produced. Later, clusters of green berries about the size and texture of shelled peas can be seen on older ivy plants. Leaves are smooth and glossy at all times. Young leaves may appear somewhat reddish, but are dark green during summer and become bright yellow, orange or red, in the fall.

Any part of the ivy plant may cause a rash if it comes into contact with the skin of a person who is sensitive to ivy.

Control of poison ivy can be obtained by mechanical methods or by chemical treatment. The method used will depend upon size of infested area, its location, and equipment available.

## Mechanical Methods

Removal of top growth and roots by hand implements, such as grub-hoe or spade, is suggested for small patches and isolated plants or in locations where use of chemicals might cause damage to desirable plants. Discing and raking is a good method to use on large beach areas infested with ivy.

These mechanical methods should not be attempted by a person highly susceptible to ivy poisoning.

Vines growing up trunks of trees or poles should be cut at ground level and the roots dug out.

## Chemical Methods

Spray applications are suggested for ivy in locations where mechanical removal is not practical and for all areas where grasses form a desirable ground cover. Best results from chemicals are obtained when the compound is applied by means of a pressure sprayer (knapsack, barrel or power sprayer.) Spray may be applied when ivy is in full leaf, usually in June, or as a dormant spray in an oil carrier. Chemicals which give satisfactory results are as follows:

## Foliage Sprays

**Ammonium sulfamate** — One pound of the dry chemical in one gallon of water will treat from 100 to 500 square feet of growth. At least 90 percent of leaves should be wet by the spray. This solution is not poisonous to animal life and does not present a fire hazard. Grasses will be stunted, but generally recover. All woody plants hit by the spray may be killed.

**2, 4-D** — The ester form of this compound is usually effective on ivy in open areas, but may not give satisfactory results in shady locations. A dosage of one tablespoonful in one gallon of water per 500 square feet is adequate. For larger sprayers, one quart in 25 gallons of water is suggested.

**2, 4, 5-T** — The ester form of 2, 4, 5-T is more satisfactory for use on ivy than is 2, 4-D and is used at the same concentration as 2, 4-D.

**Brush Killer (Mixture of 2, 4-D and 2, 4, 5-T)** — This mixture is satisfactory in most locations.

**Amino-triazole** — Four pounds

of a commercial product containing 50 percent of Amino-triazole in 100 gallons of water will give excellent control of poison ivy. Apply as a spray when ivy is in full leaf. Spray drift may cause yellowing of certain crops such as alfalfa and corn. Grapes and apples do not appear to be affected by spray drift.

## Dormant Applications

Esters of 2, 4-D, 2, 4, 5-T and brush killer, mixed in kerosene, or fuel oil, give excellent control of ivy when applied to exposed stems. This oil solution should not be used as a foliage spray. One quart of the chemical in 10 gallons of oil, applied so that all sides of the stems are wet, is suggested.

**CMU** — This chemical can be applied to soil in which ivy is present, provided that complete elimination of all vegetation is not objectionable. For such use, one-quarter pound of CMU in one gallon of water will treat 275 square feet. Treated area will be bare for two to four years.

## Cautions

1. Spray drift from 2, 4-D and 2, 4, 5-T applications may cause severe damage to plants near sprayed areas. Spray only on a calm day.

2. Equipment used for 2, 4-D and 2, 4, 5-T is not safe for use in applying fungicides or insecticides on plants susceptible to injury by these chemicals.

3. CMU should not be applied on areas in which roots of desirable plants occur.

—B. H. Grigsby is with the department of Botany and Plant Pathology, Michigan State College.

# Camp Food Service Records

**F**OOD PLANNING generally results in saved time and energy and in improved service. Providing food service record forms for use during the camping season will simplify the camp director's work when he makes post-season reports, and when he plans next season's food purchases. In addition, an adequate system of records will provide invaluable information to the cook or dietitian.

A recent study made by the author revealed that most available food record forms were too time-consuming or involved to maintain in a camp which is open for only a few weeks and whose primary purpose is not food service. As a result of this investigation, the author devised a set of records to meet the specific needs of camps. These food service records were tested by several camp directors and found to save time without sacrificing essential information.

## Food Budget Form

A sample of the form we recommend for a food budget is shown in *Figure 1*. For this record, expenses are grouped into the same classi-

FOOD BUDGET	Actual 195-	Estimated 195-	Actual 195-
Average number of campers per period			
Average number of staff per period			
<b>Food Classification</b>			
Pre-season order (Meats & Groceries)			
Milk and Ice Cream			
Meats, Poultry, Fish, etc.			
Fruits & Vegetables (Fresh and Frozen)			
Groceries, etc. (Not on pre-season order)			
Other			

Figure 1

fications that are used in the food purchase record. The form is divided into columns for recording actual figures from the past season's purchase records, estimated figures for the coming season, and actual amount spent for each of the food groups during the season. This information is taken from the purchase record.

Budget-making involves recapitulation of past expenses in order to make realistic approximation of future expenses. The specific grouping of food was made to make certain that sufficient funds were allocated in the food budget for all food purchases during the season. Contemplated changes in purchasing practices such as buying more fresh or frozen vegetables instead of canned, or pre-season purchasing of perishables such as frozen meat, should be reflected by change in allocation of money for pre-season and in-season purchases.

## Daily Production Record

All facts and figures which must be kept daily are combined in the daily production record. These include census (number of meals served), menu, amount of food prepared and left over, and comments on popularity and adequacy of amount of food prepared. Copies of this form, *Figure 2*, should be prepared before camp opens. The total number of meals served is found by adding the daily census figures. It is recorded on the food cost report for each camping period. Amount of food prepared and left over helps the camp food manager estimate quantity to buy, and tells the cook how much to prepare in relation to number of people to be fed. This information serves as a guide to the person who plans menus and who purchases food for the next season. Unpopular foods can be eliminated from the next season's menus, if the manager will

DAILY PRODUCTION RECORD		Date				Total	
Menu	Amount Prepared	Amount Served	Amount Left Over	Comments	Acceptability	Popularity	Adequacy
Breakfast							
Lunch							
Dinner							
Snacks							

Figure 2

note comments on the acceptability of certain foods.

## Physical Inventory

To facilitate taking the physical inventory, we suggest the form in *Figure 3*. All foods on hand are listed in the first column. Each time you take an inventory, record amounts of food on hand and calculate their total value. You must take inventory each time you want to figure the food cost.

To further simplify the task of taking a physical inventory, classify items according to food groups on the form.

Whenever possible, list foods on the inventory in the same order as they are stored on shelves. Leave space in each category on the form to add new items. Have as many columns for the count and total cost as there are camping periods to avoid necessity of setting up forms each time you take an inventory.

The purchase record and camp food cost report are considered together because information from purchase record is transferred directly to food cost report. (See *Figures 4 and 5*.) At the least, you



**By Mary Carol Connaughton**

will want to compute food cost at the end of each camping period during the season. If time and personnel are available, calculating food costs weekly would enable you to make prompt adjustments. That is, if you are exceeding food allowances, you can substitute less expensive menu items for more expensive foods in your menu. You can also check amount of waste in kitchen, and plate waste in dining room, to see if excessive waste is responsible for rising food cost.

To maintain this purchase record, enter food costs from invoices for the period by date, firm, and food classification. Classifications should correspond with those in the food budget. Total cost of each food classification is used to determine future budget requirements for each food group.

### Determining Costs

Food cost is determined by adding value of beginning food inventory to total amount of food purchased and subtracting ending inventory. Ending food inventory for the past accounting period becomes the beginning inventory for the next accounting period.

To obtain food cost per meal, divide total food cost by total number of meals served during the accounting period. To get food cost per person per day, multiply food cost per meal by three.

In recommending that these essential records be used in all camps, we do not mean to discourage the use of additional records which you have found valuable. These records are intended to reduce the time you spend in assembling the information necessary to do a satisfactory job of food purchasing and calculating food cost.

—Miss Connaughton is instructor in Institution Management, New York State College of Home Economics, Cornell University.

PHYSICAL INVENTORY								
ITEM	Unit Size	Unit Cost	Date Count	Total Cost	Date Count	Total Cost	Date Count	Total Cost
Beverages								
Cocoa								
Coffee								
Cereal Products								
Cream of Wheat								
Oatmeal								
Etc.								
Totals								

Figure 3

[illegible]

Figure 4

CAMP FOOD COST REPORT				
Camp Accounting Period	Date _____ through _____	Date _____ through _____	Date _____ through _____	Date _____ through _____
Total Purchases				
Plus Beginning Inventory				
Equals				
Total				
Minus Ending Inventory				
Equals Food Cost				
Divided by Number of Meals Served				
Equals Food Cost Per Capita Per Meal				
Multiplied by 3 Equals Food Cost Per Capita Per Day				

Figure 5

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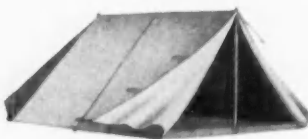
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## Keeping Good

By Dr. Harlan G. Metcalf

A NUMBER of outstanding camp directors have been good enough to share their thoughts with me on what they consider important provisions to make in order to keep a large percentage of the same good counselors at their camps year after year.

I thought it would also be interesting to see what counselors themselves would say. Seventeen seniors in Recreation Education, who had an average of three years each of counseling experience, were asked to write down what they considered to be the most important reasons they would want to return to the same camp year after year. None of the counselors had an opportunity to consult with others, so it is interesting to note how many reported the same factors.

Items mentioned most often by counselors are listed first. However, these are not necessarily the most important — just the most obvious. An item mentioned only once may represent the deepest thinking on the part of an individual counselor.

### Counselors' Opinion

Adequate time off was mentioned by 12 different counselors. One suggestion was for breaks during the day for relaxation, rest and recreation. Another counselor listed one hour off each day and one day off each week as a minimum standard.

Eight counselors listed friendliness and a genuine congenial at-

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## Counselors

mosphere between camp director and staff as the most important factor.

Good food was mentioned as an important factor by six counselors. Two others indicated refreshments or snacks after taps. Others pointed out the need for counselors to have opportunities for social contacts with other staff members.

Seven counselors listed regular advancement in salary according to experience, while five others simply stated need for adequate pay. One comment was that pay is a most important item as many must earn enough money to continue their education.

Other points brought out by counselors were the needs for good program facilities and equipment and good recreational facilities for counselors when off duty.

### Democratic Methods

Many counselors cited consistent use of democratic methods and procedures as most important. They indicated counselors should be allowed to make some decisions and know that the director would back them up. Many felt counselors should have opportunity to plan their own programs with the director's help and guidance.

Four counselors brought out that they should be given increasing responsibility each year so that their

*Continued on pg. 24*

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Continued from pg. 23

work continues to challenge their best efforts.

Other comments included: opportunity for educational experiences for counselors; equal distribution of duties among staff; adequate staff; and staff meetings to help solve major or common problems.

Counselors cited need for pre-camp training and a good understanding of camp objectives on the part of all counselors. They felt that lines of authority should be clear, with a job analysis clearly outlining responsibilities for each position. Counselors want to feel important, useful, needed, and necessary to the success of the camp.

### Directors' Opinions

In studying camp directors' opinions it became evident that there are two groups of important factors concerned in whether counselors stay with a camp. One had to do with the relationships created by the director and his staff in the camp environment. The other had to do with the skill of the director in choosing the type of counselor who would be happy at his camp.

Among points brought out relating to choice of counselors are the following:

Choose counselors who have a definite feeling for and understanding of the philosophy of the particular camp at which they are going to work.

Choose a person who has imagination, is pliable, willing to learn and express himself and who will be inspired to grow during the camp season.

Choose counselors who are mature in their judgments and experiences. People with definite camping backgrounds are preferred.

Choose well adjusted persons who might not readily go "haywire" or "blow up."

Proper selection methods, starting with the first interview, may impart to counselors the spirit of enthusiasm for camp counseling. If at all possible, choose members of your staff who may have grown up with you at your camp as campers and experienced with you the most advanced camping experiences. Camp philosophy as demonstrated by the camp director must manifest a sincere attempt to carry on

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a program which will be beneficial to the children involved. Counselors do not want to return to a camp where, in their opinion, unsound educational procedures are subscribed to in any degree.

A pre-camp institute where the whole gamut of the camp program is discussed is important. Here



counselors should have real opportunities for self-expression without fear of criticism. Work sessions and discussion periods should be interspersed with fun, group singing, folk and square dancing, beach parties, evening snacks, and a party for the entire staff before the arrival of the campers. This makes for a well-established, closely-knit camp family group. A warm intimate feeling must be established (once the person is chosen on the staff) between directors and staff members. Friendly letters to counselors before they get to camp also help.

### Director-Staff Relationships

Camp directors mentioned several ways to insure good director-staff relationships. One method is to provide counselors with a clear cut job analysis, giving well-defined personnel policies regarding time off, curfew, etc. A clear understanding by counselors of duties, responsibilities and camp policies is important.

Relative to use of democratic principles and practices, the directors commented that counselors should be treated as mature adults and helped when need arises. A staff member who is permitted to develop his own potential to the fullest, grows during the camp sea-

*Continued on pg. 26*

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Continued from pg. 25

son. He will accept criticism and direction when it is presented in a constructive and friendly manner.

Directors felt it important that counselors have a chance to express their own ideas, take part in planning program, and discuss needed additions to equipment, facilities and staff.

One point mentioned was that some variety in counselors' work is helpful. Too much specialization may make a job boring. Another factor mentioned was that rules and regulations should be commensurate with counselors' maturity.

### Food, Pay and Time Off

Importance of good food, both at meals and for snacks, was recognized by the directors participating in the survey.

Directors also felt salary was an outstanding consideration in keeping good counselors. They indicated need for yearly increments and financial recognition for training courses taken, experience and outstanding service.

Counselors' time off was felt to be a factor in building good staff morale. Directors indicated it is sometimes helpful to work out the time off schedule with the staff. It was also pointed out that it is important counselors have a congenial social life aside from the professional program. It is also good policy to provide a staff club house or canteen for relaxation and recreation. Special trips for staff members, opportunities for cookouts, parties, etc. also are helpful.

Directors felt, too, that counselors should be made to feel necessary to the success of the camp season. It was suggested directors and counselors meet to evaluate and criticize programs and discuss problems. This close contact with the director permits better understanding by the staff of business methods and mechanics of why things are done in certain ways. It is most necessary to praise a job well done and know how to lift up the spirits of staff members who may have had particularly rough sledding.

—Dr. Metcalf is with the Dept. of Recreation Education, State Univ. of New York, Cortland, N. Y.

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Camping Magazine, May, 1957

points to consider in  
improving or developing

## camp boating programs

By Elizabeth Flinchbaugh

**W**HAT A wonderful stake camps can have in the future of boating! As we contribute to making boating a reasonably safe recreational activity, we will meet in part, our obligations to our campers and their future families and to society as a whole.

During the past 10 years, phenomenal growth has taken place in boating. According to some available statistics, there are more than 5,000,000 boats in use today and approximately 25,000,000 boatmen using them for recreational purposes. Defined broadly, the term "boatman" refers to a paddler of a canoe or kayak, an oarsman of a rowboat, a skipper of a sailboat, an operator of an inboard or outboard motor boat. In short, any manipulator of any kind of a boat which is used primarily for the pursuit of pleasure is a boatman.

### Safety Aspects

Most individuals will agree that boating is a worthwhile recreational activity. But, is it a relatively safe pastime? The answer to this question is an overwhelming "No." It seems paradoxical, with all the new types of boats on the market, with all their featured safety equipment, that so many casualties should result. But, accidents on the water have increased alarmingly. Upon examination of the circumstances surrounding drownings, it was found most were caused either by the victim's inability to swim or his ignorance of simple safety precautions. Obviously, the direction immediately indicated is one of prevention through education.

There are basic courses offered

by the American Red Cross, the Boy Scouts, Girl Scouts, private yacht clubs, the Power Squadrons, and the United States Coast Guard. Some schools and colleges have instructional courses in boating for their students. But, the effectiveness of these courses is dissipated because so few people are reached either by not being aware of the availability of the courses or the existence of too few courses to meet the tremendous growth in popularity of this sport.

### Role of Camping

One source for disseminating these knowledges and skills is organized children's camps. Camps have a distinctive role to play in making boating a safe recreational pursuit. Millions of children attend summer camp each year, and, wherever feasible, instructional programs in boating are carried on. In these boating programs, camps have a singular opportunity to contribute and campaign for making boating a safe recreational activity. Campers can be taught safe handling and use of boats along with their swimming skills and safety practices. These children can be safe on the water now and also in the future as adults and parents of other children. Skills once learned are never forgotten.

However, just because a camp offers a boating program, it does not necessarily follow that it is an adequate one. The following criteria are suggested to assist you in evaluating your boating program. These questions have been developed over 20 years of exploring and expand-

Continued on pg. 28



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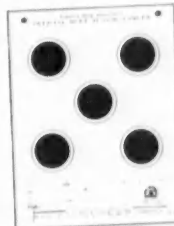
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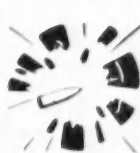
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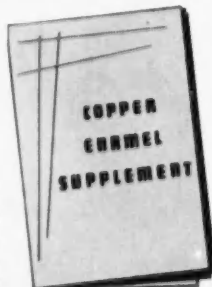
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Continued from pg. 27

ing camp boating programs in close harmony with staff and campers. Ask yourself these questions. See how many affirmative answers you can give.

#### Is It Safe?

A. Must your campers swim reasonably well before qualifying for boating instruction?

B. Are boats in good working condition?

C. Is essential safety equipment provided for each boat?

D. Do campers know and use safety techniques?

E. Is your boating activity carried on in an area away from swimming program?

F. Are there safety rules governing use of boats during recreational activity or fun time?

G. Is there adequate supervision during instructional and recreational periods?

H. Are safety practices in boating integrated and coordinated with swimming program?

#### Is It Functional?

A. Are basic skills in boat handling taught and put into useful practice as soon as possible?

B. Do campers know how to take care of boats and necessary gear?

C. Are campers made responsible for minor upkeep and is it a part of boating instructional program?

D. Are boats used purposefully for other camp activities—fishing, day or overnight trips, sports relaxation, and special events?

E. Is boating program integrated with total camp program—campcraft, tripping, special events, skiing, swimming, counselor use, etc.?

F. Are you meeting the needs of the various skill levels of campers—beginner, intermediate, and advanced?

#### Is It Broad In Scope?

A. Are there different types of small craft available? (rowboats and oars, canoes and kayaks with single and double blades, sailboats, motor boats)

B. Do you provide enough equipment for instruction in any or all of the above mentioned small craft?



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**CAMPING MAGAZINE**  
Plainfield, N. J.

Camping Magazine, May, 1957

C. Do campers have knowledge of the different materials of which boats are made—sizes, classes, riggings, etc.?

D. Are campers taught the rules of the road in all boating activities as well as the courtesies?

E. Do you have qualified small-craft instructors in charge of boating instruction?



F. Do you provide in-service training for counselors and water safety instructors who teach in your boating program?

G. Do you provide rainy day activities in seamanship? Navigation? Knot craft?

H. Do you provide for camper participation in setting up safety practices for the boating program?

I. Do you teach wind, weather, and wave conditions for safe handling of boats? Is it integrated with your instructional program?

#### Is It Fun?

A. Are opportunities provided for camper participation in: fishing trips by boats; camping trips via water; cruises—canoe, sail, motor; boating meets and regattas; stunts, novelties, racing, form, etc.; and water skiing and aquaplaning?

B. Are opportunities provided for staff participation in the above?

If you answer all these questions in the affirmative, you have an exceptional boating program. If your answers are not all in the affirmative, in what areas are you lacking? It is hoped that these criteria will serve as guideposts for improving existing boating programs and for the development of many more in the future.

—Miss Flinchbaugh has been active for many years in counselor training and as an executive member of camp staffs. She is currently doing graduate work in outdoor education at Michigan State Univ.

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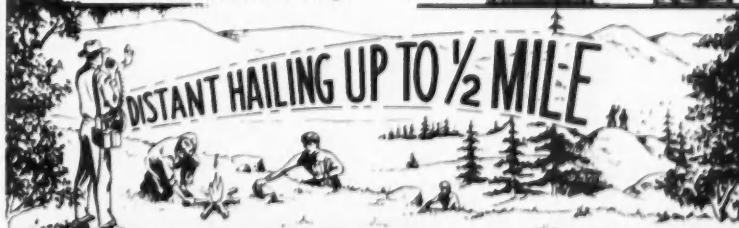
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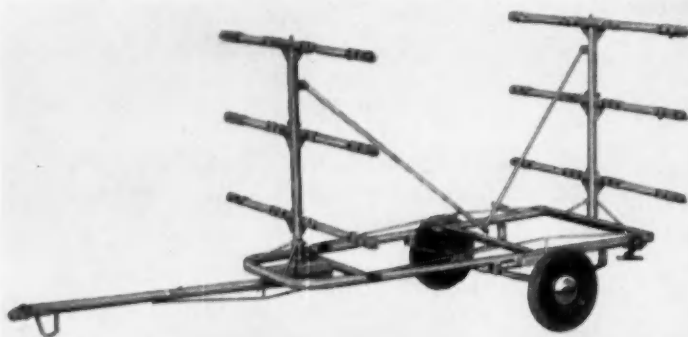
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... samples of **Detergo**, a liquid detergent developed for hand dishwashing, are being offered camp directors by Wes-Tex Chemical Co. Detergo is reported to cut dishwashing time, clean efficiently, and to be economical to use. Other Wes-Tex products for camp use, such as insecticides, cleaning compounds, and weed, brush and dust control chemicals are described in the company's new brochure. For your sample of Detergo and the brochure, write Wes-Tex Chemical Co., 287 E. 3rd St., Mount Vernon, N. Y.

... a collection of western woods, for campers to identify, finish and mount is offered by Ryzelite Minerals. The wood kit contains 24 specimens, equipment for finishing and mounting, and a well-written instruction booklet. This kit should appeal to campers' interests in both nature study and craft work. For prices and more information on the "Young Collector's Kit of Western Woods," write Ryzelite Minerals, Box 455, Golden, Colo.

... **Surelock Clamp Corp.** has available a clamp designed to hold any average size outboard motor securely in place. The Surelock Clamp provides protection against motor loss through faulty mounting and vibration. It also prevents boat transoms from being unnecessarily chewed up by motor screw pads. For more information, write Surelock Clamp Corp., Medina, N. Y.

... **Abbey Chemical Co.** has produced a new, organic product, Sept-O-Solve, for use in septic systems. This product is reported to be a highly concentrated compound of enzymes and, when mixed with water and poured into tank or toilet, reinforces and activates natural waste-consuming bacterial cultures. In so doing, the manufacturer states, it deodorizes, cleans and unclogs septic systems. For further information, write Abbey Chemical Co., 646 N. Michigan Ave., Chicago 11, Ill.



## GET FOULED UP LAST SEASON

**By Half Clean Dishes — Glasses?**

THE PROVEN SOLUTION FOR  
MANUAL DISHWASHING IS

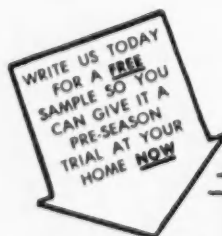


# DETERGO

(LIQUID DETERGENT)

**YOU DON'T HAVE TO  
BUY IT TO TRY IT!**

- gleaming dishes at each wash
- sparkling glassware — pots — pans



## WES-TEX CHEMICAL CO.

287 EAST THIRD STREET

MOUNT VERNON, N. Y.



to insure better service let suppliers know you were led to them through these columns.

... a new model of Draw-Tite tent, providing increased head room and additional ventilation but retaining the capacity for being carried from place to place while rigged, is now being manufactured by Bemis Bro. Bag Co. This model weighs only 11 pounds and is suspended from a jointed framework of corrosion-proof tempered aluminum alloy. For more information on prices, models available, etc., write Bemis Bro. Bag Co., 408 Pine St., St. Louis 2, Mo.

... catalogs now being offered by camp suppliers include:

Bain Arts & Crafts Co., 91 Morris St., Morristown, N. J.—complete line of tools and materials for arts and crafts.

Hoosier Tarpaulin and Canvas Goods Co., 1302 W. Washington St., Indianapolis 6, Ind.—tents, tarps, protective covers, knapsacks.

Seamless Rubber Co., New Haven 3, Conn.—basketballs, footballs, volleyballs, etc.

J. H. Shepherd Son & Co., 1820 East Ave., Elyria, Ohio.—plastic float lines for safety line markers.

Flaghouse, Inc., PO Box 69, New York 29, N. Y.—sports and decorative flags, banners, etc.

Ocean Pool Supply Co., Inc., 155 W. 23rd St., New York, N. Y.—complete line of swimming pool and waterfront supplies.

... National Studio is clearing out a large group of song slides. These are all-time favorites that make wonderful evenings of fun for campers of all ages. 3¼" by 4" slides are 75¢ per slide. 2" by 2" slides are 50¢ each. The cut in price is designed to clear out all of these slides in preparation for a new reproduction system. The songs being offered are on three or four slides per song while the new group will have the entire song on one or two slides. For your copy of a song slide catalog, write Song Slide, National Studios, 44 W. 48th St., New York, N. Y.

Camping Magazine, May, 1957

## TRAIL PACKETS AVAILABLE TWO WAYS

— from Seidel's the Originators of outdoor food packets!

1. In Complete Meal UNIT KITS — six menus, two each for Breakfast, Lunch and Supper! Each Kit serves a hearty full-coursed meal for four plus!

2. Individual TRAIL PACKETS — 24 different items to enable easy planning of your own menus—to make every meal appeal! Each Trail Packet serves more-than-enough for four!

Write for Samples and Brochure listing our unusual outdoor food items.



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102 Franklin St., New York 13, N. Y.

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UNIVEX  
FOOD MIXER  
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\$410.00

Complete Mixer with  
Bowl, Beater & Whip.  
Prices Slightly Higher  
in West

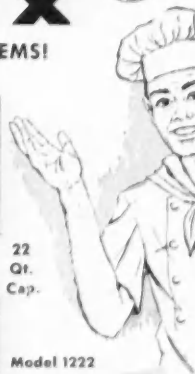
Here's a truly wonderful, profitable, silent partner... your automatic UNIVEX Food Mixer! Small in size... big in production... large in capacity! Imagine! This sensational UNIVEX BENCH MODEL mixes 24 lbs. of heavy pizza or bread dough within 2 to 3 minutes!

Your first step towards economical, speedy mixing is to see your dealer or write:

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Model 1222

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Fully Automatic Timer!  
Nine Variable Speeds!  
Change Speeds without  
Stopping!  
Swing Bowl Action,  
Easy Loading!  
Twice the Capacity  
of Other Makes!

# ACA NEWS

## Colorado Section Serves As Host For Region VI Convention

Members of the Colorado Section of ACA served as hosts for the Region VI Convention held on April 4-6 at Estes Park, Colo. Mary Kay Myers was chairman of the convention.

Fred Rogers, ACA vice-president, was the keynote speaker for the meeting. His talk was based on the theme "Focus on the Camper."

Camping people at the meeting divided into four discussion groups which continued for two sessions with a panel summary on the final day of the convention. These workshop groups included: Personnel

Practices, led by Roger Sanborn; Program Planning, led by Alice Mulkey; Public Relations, led by Jack Cheley; and Health and Safety, led by Sidney Geal.

Other program highlights of the Region VI convention were a general session which heard Sidney Geal, ACA Standards Chairman, discuss the national organization's standards program and a panel discussion by campers on "What Camp Means to Me." Convention goers also had an opportunity to participate in program clinics and informal workshops.

## Region IV Elects Officers



Recently elected officers of ACA's Region IV are shown at the Region's convention held in Leesburg, Fla.

They are, left to right: Dorothy Spiker, Gulf Coast Section, secre-

tary-treasurer; Frank D. Bell, Southeastern Section, chairman; Henry Hart, Tennessee Valley Section, Nominating Committee chairman; and Armand Ball, Florida Section, vice-chairman.

## ACA Headquarters Work Continues

The new American Camping Association Headquarters in Bradford Woods, Ind., has been completed and has provided excellent facilities for the ACA staff during the fall and winter.

Subscriptions to the building fund total over \$75,000, of which about \$69,000 has been received from

contributors. The \$6,000 of unpaid pledges is needed to complete the landscaping and furnishings. Subscribers who have not sent in their payments are urged to do so in order that completion of all phases of the project can be realized this spring.

Herb Sweet, Acorn Farm Camp, is proceeding with plans for landscaping, improving the parking area, and the terrace. Mrs. Dee

Sweet is working on interior furnishing needs.

Lloyd Shafer, Camp Strongheart, has been successful in obtaining some additional kitchen equipment for the Headquarters from Ekco Products Co. and Regal Ware Co.

The memorial fund for Ray E. Bassett is growing. Contributions have been received from Sections and from many individuals. These contributions will be placed in a Capital Improvements Fund for future expansion of the Headquarters. One of Ray Bassett's recommendations was that such a fund be established.

## Conference Planned for Section Presidents

Presidents of the 43 Sections of the American Camping Association will be invited to participate in the Section Presidents' Conference to be held at the ACA National Headquarters, Bradford Woods, Martinsville, Ind., on October 18 and 19.

Margaret Milliken, new Chairman of the National ACA Field Services Committee, and the seven recently elected Regional Chairmen will plan the conference program, taking into consideration suggestions made by Section presidents.

## Polio Protection For Campers

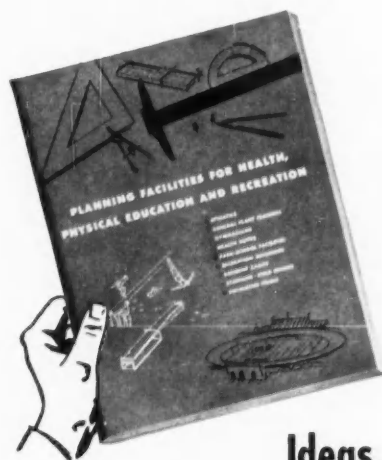
The experience of the last two years indicates that two inoculations are from 75 to 80 per cent effective in the prevention of paralytic poliomyelitis, according to the Medical Department of the National Foundation for Infantile Paralysis. They suggest that where three shots are impossible, two inoculations should meet this year's polio protection requirements in admitting children to camp.

Certainly three shots give a higher and longer-lasting protection, but a seven-month interval is recommended between the second and third shots. On the other hand, the first two shots can be given two to six weeks apart and, as indicated, will provide a relatively high protection for at least a few months.

Camping Magazine, May, 1957

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Chicago 4, Illinois

Camping Magazine, May, 1957

## ACA NEWS

### ACA Conservation Project Under Way

"Conservation in Camping — A Project of the American Camping Association" was formally launched with the meeting of the Steering Committee for the project at Bradford Woods on April 7.

The project was made possible by a \$5,000 donation from Lilly Endowment, the first of three such grants to be made yearly. Since the project was announced, a great deal of interest has been evinced by several organizations and individuals, who have generously offered their assistance.

Those attending the meeting of the initial steering committee were Reynold Carlson, director of the project, Catherine Hammett, Louis Hase n s t a b, Howard Michaud, Charles Mohr, Herbert Sweet, Hugh Ransom, Howard Weaver, and Prevot Whitaker.

All members of the ACA are invited and encouraged to participate in the Conservation in Camping project by calling the attention of the committee to outstanding examples of conservation practices and programs in camps throughout the country. Please write the director, Reynold Carlson, 1900 Maxwell Lane, Bloomington, Ind., giving details of the programs or the names of persons from whom further information may be obtained.

### ACA Camp Song Book Revision Planned

Functional songs will be the rule when the Song Book Revision Committee of ACA gets together in the fall to compile a new book for release at the National Convention in St. Paul.

To determine what "functional" songs are, the Committee is circulating a questionnaire among all camps this summer, asking for a listing of situations in which camp music is used and the types of songs most sung.

### Supplement Available For Bibliography

A supplement to the Annotated Bibliography on Camping, compiled by Barbara Ellen Joy, is now avail-

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makes Webb tents  
an economical,  
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Authentic design,  
made of rugged  
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**BAKER TENT** . . . large enough for cots,  
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**THE Monroe COMPANY**  
171 Church St. Colfax, Iowa

## ACA NEWS

able. This supplement brings the bibliography completely up-to-date. Copies of the supplement and the bibliography may be ordered from ACA National Headquarters, Bradford Woods, Martinsville, Ind. Price of the Annotated Bibliography with the supplement is \$.65. The supplement alone is \$.15.

### Use of Emblems in Camp Promotion

A-B Emblem Corporation, Union City, N. J., has been selected by ACA as official manufacturer of three different Swiss Embroidered cloth emblems which will identify those people who, having attained standards set by ACA, are entitled to wear the symbol of Campcrafter, Advanced Campcrafter and Campcrafter Instructor.

Emblems are an inexpensive and effective form of camp promotion. They are also used to identify various camp groups and for recognition of camping skills.

Emblems come in all sizes and shapes; the most popular for camp use seem to be two, three and four inch emblems. They can be manufactured with as many colors as desired. Keep in mind that cost of emblems is based mainly on the number of colors involved, intricacy of design, size and quantity ordered. The greater the quantity, the less expensive the price of the emblem.

Embroidered emblems are usually sewn on garments and their most popular uses are on jackets, shirts, sweaters, caps, shorts and bathing suits.

The emblems are, of course, not only worn during the camping season but are usually transferred to a favorite jacket or album and help keep interest and camping pride alive during the non-camping months.

The best way to go about ordering emblems for your camp is to send a manufacturer a rough drawing, decal, letterhead, or other picture of the design you desire. A-B Emblem Corp. will send you a colored sketch, complete with price quotation and samples of the material and embroidered thread to be used. There is no charge or obligation for this service. It is advisable



**"Laughing Loon"**  
**STYROFLOATS**  
and  
**Water Sports Equipment**

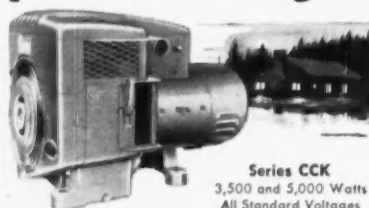
The new, revolutionary Hussey Styrofloat is super-buoyant. It's floated on Styrofoam which supports 55 lbs. per cubic foot. It won't absorb salt or fresh water — has a gross buoyancy of approximately three quarters of a ton. It won't sink — is tilt-resistant — has a low freeboard — is 30% lighter than other floats. Rust, rot and mold proof. Styrofloats are made in 6' x 10' units that are easily joined. Constructed for rugged use and long life. Built on oak skids, it is easier to get in or out of the water on any terrain.

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**FREE Water Sports Catalog**  
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Also mfrs. of Roll-Out Gym Seats, Portable and Permanent Steel Bleachers and Stands.

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Available with automatic or electric push button start and stop. Capacities from 500 to 75,000 watts. Also for camps without electricity.

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Camping Magazine, May, 1957



## ACA NEWS

to allow from four to six weeks for delivery of an order.

If your camp is already using embroidered emblems, look at a sample closely. Is the lettering neat and readable? Are the colors and design neatly executed? Is it washable? Finally, does it have a border that is permanently ravel-proof and prevents any excess material from showing beyond the edge? These are some of the features to look for when ordering embroidered cloth emblems.

### Camp Leadership Training Courses

OUTDOOR EDUCATION AND  
SCHOOL CAMPING WORKSHOP

DATE: July 1-Aug. 9.

PLACE: New York Univ. Camp,  
Lake Sebago, N. Y.

CONTENT: Major emphasis on  
school camping—with two units,  
one for administrators, the other  
for teachers.

FEE: Tuition, \$180; University  
fees, \$15; room and board, \$25  
per week.

CONTACT: Dr. Leonard A. Larson,  
Dept. of Physical Education,  
School of Education, New York  
Univ., Washington Square, New  
York 3, N. Y.

RIDING INSTRUCTIONS AND  
RATING CENTER

DATE: June 6-12.

PLACE: Sweet Briar College, Sweet  
Briar, Va.

CONTENT: Instruction and rating  
for riding counselors. Sponsored  
by National Section of Girls and  
Women's Sports.

FEE: \$85.

CONTACT: Miss Harriet Rogers,  
Sweet Briar College, Sweet Briar,  
Va.

RIDING INSTRUCTIONS AND  
RATING CENTER

DATE: June 10-16.

PLACE: Groton Hunt, Groton,  
Mass.

CONTENT: Instruction and rating  
for riding counselors. Sponsored  
by National Section of Girls and  
Women's Sports.

FEE: \$85.

CONTACT: Mrs. Robert Carter, III,  
Groton Hunt, Groton, Mass.

Camping Magazine, May, 1957



## SKY-SCOPE COMPLETE AS ILLUSTRATED \$29.75

The full 3 1/2-inch diameter reflecting type astronomical telescope that even the telescope makers talk about.

It has been sold for more than 16 years and now is on display in at least three U.S. planetaria. It will show mountains and craters on the moon, Saturn's rings, Jupiter's four moons and the planet's markings, and close double stars with guaranteed observatory clearness. Skyscope enjoys worldwide distribution.

Every instrument, with its 1/4 wave, aluminized mirror, is individually tested before being packed for shipment. We suggest that before buying you inquire at almost any local astronomy society about the efficiency of Skyscope. 100% American-made.

We invite your attention to our free and straightforward descriptive brochure which also shows a photograph of the individual parts used.

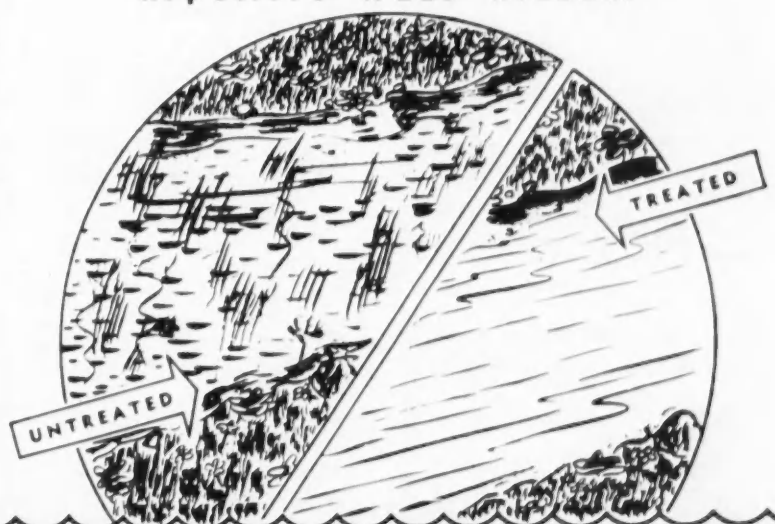
125-power and 35-power extra eyepieces ..... \$5.15 each

Six-power finder, with brackets ..... \$7.50

Holder for extra eyepieces ..... \$1.00

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**LAKES-POOLS-PONDS-STREAMS**  
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A clean, attractive water front, free of flies, mosquitoes and scummy odors, is a definite necessity. PARKO ALGAECIDE restores that sanitary look and that fresh water smell! Takes effect within two days and has residual effect from 3 to 10 years. Kills both submerged and emergent weeds and scum. It's economical and easy to use . . . released below the water surface, it spreads and settles by itself.



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## ACA NEWS

RIDING INSTRUCTIONS AND  
RATING CENTER

DATE: June 11-17.

PLACE: Mondamin Farms, Tuxedo,  
N. C.

CONTENT: Instruction and rating  
for riding counselors. Sponsored  
by National Section of Girls and  
Women's Sports.

FEE: \$85.

CONTACT: Mrs. Russell Walther,  
Mondamin Farms, Tuxedo, N. C.

CAMP EDUCATION WORKSHOP

DATE: Summer session.

PLACE: Oregon State College, Cor-  
vallis, Ore.

CONTENT: A workshop in Camp  
Education for credit at under-  
graduate or graduate level is of-  
fered. This includes a week on  
campus followed by six weeks on  
the job in a selected Oregon  
Youth Agency Camp.

CONTACT: Dr. Eva Seen, Dept. of  
Physical Education for Women,  
Oregon State College, Corvallis,  
Ore.

TRAINING CENTER FOR  
OUTDOOR LIVING

DATES: June 17-24. Camp Coun-  
selors' Campcraft Week; Aug.  
15-22. Leaders' Primitive Ex-  
perience.

PLACE: Derrybrook, South London-  
derry, Vt.

CONTENT: Counselors' Campcraft  
Week—stresses campcraft skills  
on a beginners' level. ACA  
Campcraft Certification may be  
given. Open to women 19 years  
old or over. Leaders' Primitive  
Experience — primitive camping  
experience for inexperienced  
adult leaders.

FEE: \$36 per course.

CONTACT: Catherine T. Hammett,  
Box 97, Pleasantville, N. Y.

RIFLERY INSTRUCTOR  
REFRESHER COURSE

DATE: May 25

PLACE: Springfield College, Spring-  
field, Mass.

CONTENT: Refresher course on  
how to teach as well as range  
firing.

FEE: Free — participants supply  
own ammunition.

CONTACT: Stanley Stocker, Spring-  
field College, Springfield, Mass.

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Plaster Casting is an effective type  
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Save expensive digging  
and pumping. Simply  
pour enzyme concen-  
trate SEPT-D-SOLVE  
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Deodorizes and creates  
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## ACA NEWS

### NATURE WORKSHOP

DATE: June 23-29.

PLACE: The Morton Arboretum, Lisle, Ill.

CONTENT: Understanding the life of fields, forests, and waters; acquiring, developing, trying out ideas for enriching the nature experiences of others.

FEE: \$45.00.

CONTACT: Mrs. Verne E. Jones, Thornhill Bldg., The Morton Arboretum, Lisle, Ill.

### NATIONAL CAMP COUNSELOR TRAINING COURSE

DATE: June 20-29.

PLACE: National Camp, Matamoras, Pa.

CONTENT: Emphasis on outdoor skills. Designed for counselors and leaders who will be responsible for pioneer, overnight and primitive camping in private and organizational camps.

CONTACT: Dr. Lloyd B. Sharp, Outdoor Education Assn., Inc., 369 Lexington Ave., New York 17.

## Sections Report on Current Activities

### REGION II

Maryland Section met on April 17 in Baltimore. Stewart M. Brand-board, assistant conservation director, National Wild Life Federation, spoke on the services his organization offers to camps. The Section also participated in a Counselor Training Weekend held at Camp Letts, Edgewater, Md., on April 26-28.

New Jersey Section met on April 9 at the Boy Scouts of America Schiff Training Center, Mendham, N. J. Section members watched a demonstration of outdoor cooking by Scout executives and enjoyed the results at dinner. The evening's speaker was Irving Millgate, director of the BSA audio-visual program, who spoke on the importance of communications. Part of the meeting was held in the Scout's new audio-visual studios.

Camping Magazine, May, 1957

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 ALLIED CHEMICAL & DYE CORPORATION  
 61 Broadway, New York 6, N. Y.

## It's Wise To Supervise



A DISCUSSION ON STAFF SUPERVISION IN SUMMER CAMPS

COMPILED AND EDITED BY

**ALAN KLEIN,**  
*Professor, School of Social Work  
 University of Toronto*

and

**IRWIN HALADNER,**  
*Director, Camp Wabi-Kon*

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## ACA NEWS

New York Section announced the results of its recent election. Howard Lilienthal is now serving as president of the Section. Otto Rosahn is vice-president and Section Board members are; Herbert Brill, Samuel G. Fisher, Helen Haskell, Carrie Sinn, Arline Broy, Roberts D. Burr, and John Drea-  
sen.

Upstate New York Section held its spring conference on April 12-13 at the University of Buffalo. Theme of the conference was "Fun and Fundamentals in Camping." Among the outstanding speakers at the meeting were: Martha Parker, Chief of Education, Buffalo Historical Society, on how Indian lore can enrich camp program; Dr. Theodore Johnson, Univ. of Buffalo, on outdoor education; Mrs. Lois Standfast, Day Camp Chairman of the Section, on day camp program; and Mrs. Mary Crawford, Buffalo Council of Social Agencies, on democratic approach to camping.

Virginia Section's new president is Bert Parker of the Richmond, Va., YMCA.

### REGION III

Lake Erie Section held its spring workshop at Camp Christopher, Bath, Ohio, on April 27-28. Theme of the workshop was "Trends in Camping" with special emphasis on nature and crafts. Scheduled meetings for the Section include one on May 14 on camp emergencies, song leadership techniques and kitchen helps. The Section's June 11th meeting is being planned especially for camp nurses, waterfront personnel and visiting European youth workers.

Michigan Section was honored at its April meeting in Detroit. Miss Mary V. Beck, first women to be elected to Detroit's Common Council, presented to Doug Salisbury a resolution commending the Section for its contributions in the field of camping.

Miss Beck stated, "We adults are very conscious of the stresses and tensions of life in a large city. Unfortunately our children very often

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## ACA NEWS

innocently suffer as a result. Camping has done much to teach children a way of life free of constant competition and fear."



Michigan Section receives honor from Detroit's City Council.

Signed by the Mayor, City Clerk, City Treasurer and Detroit's nine Council Members, the resolution reads in part: "Whereas it safeguards the health and well being of campers by formulating and maintaining high standards in camp procedures and practices; and, whereas, in addition to being fun, camping has assisted materially in the promotion of mental, spiritual and physical growth; be it resolved that the Michigan Section of the American Camping Association be hereby publicly commended for its services in the field of camping, so that all the citizens of Detroit may become keenly aware and singularly grateful of this important organization's contributions."

### REGION IV

Southeastern Section held extended sessions during the Regional Convention in Leesburg. Main items of discussion were the proposed Minimum Wage Laws now under consideration by legislative groups in several states. Other items discussed were visitation programs for the coming season and plans for the Section's next annual fall meeting. This meeting will be held at Camp Sequoyah, Weaverville, N. C., on Sept. 26-28. The Program Committee for this conference is headed by Herman Popkin.

### REGION V

Chicago Section's final meeting of the season was scheduled for

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## ACA NEWS

May 6 at the McCormick YWCA. A Standards Training Session for Section members making camp visitations this summer was held in the afternoon preceding the dinner meeting.

The Chicago Section will be hosts for the 1959 Region V Convention to be held at the Conrad Hilton Hotel on Feb. 25-28.

Minnesota Section held two meetings in April. The April 1st program was made up of a counselor panel discussing "What A Counselor Expects of His Experience at Camp." At the April 29th meeting, Rev. Paul Engstrom spoke on "Camping Should Make a Person Grow."

St. Louis Section held its spring conference weekend on April 26-27 at Sherwood Forest Camp, Troy, Mo. The conference theme, "Creative Camping," emphasized the creative approach to camping, interpretation of nature through direct experience and skills for outdoor living.

Wisconsin Section members participated in the Section's spring conference at George Williams College Camp on April 26-27. Featured speakers and discussion leaders included Larry Eisenberg, Lloyd J. Ogilvie, Mr. and Mrs. Homer Roberts and Carl Benninghaus. The meeting's theme was "Real Reasons for Camping."

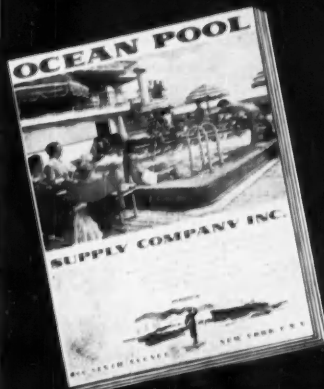
### REGION VI

Colorado Section's last meeting before the camp season was scheduled for April 24 in Denver. Luella Gooding, chairman of the Section's Standards Committee, led a discussion of plans for camp visitations this summer.

### REGION VII

Coronado Section reports that the Arizona State Senate has passed a bill setting up registration and minimum standards for camps in that state. Section members worked long and hard to assure the passing of this bill. The Section held a spring conference on April 4-6 at Grand Canyon, Ariz.

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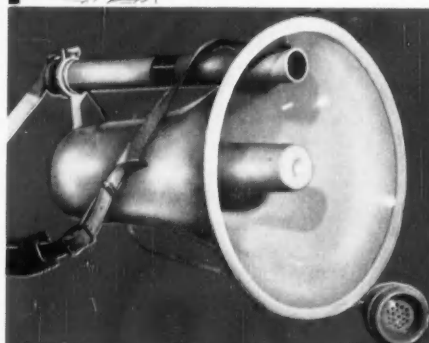




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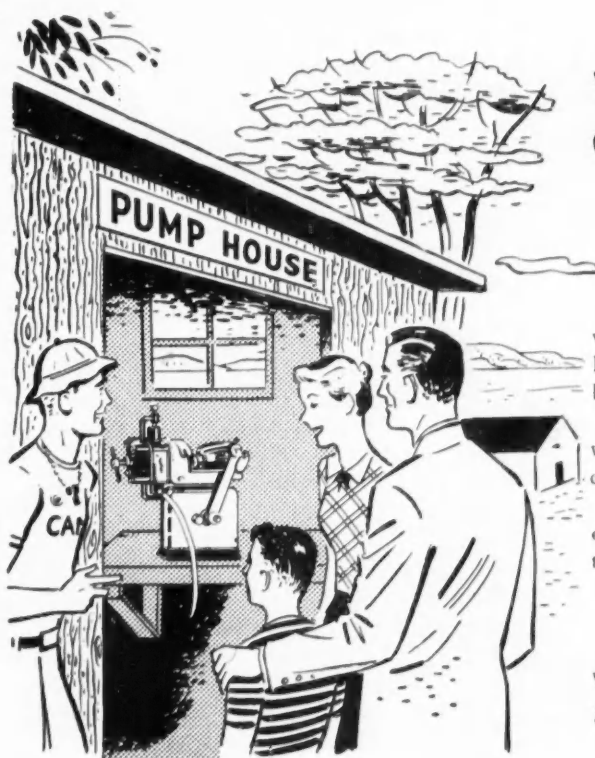
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By Carrie Sinn

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I had the pleasure of visiting Camp Tonakela late in October 1956. Wallace Forgie, an old friend and honorary director of the camp, was my host. N. Permal Naidu, the managing director who resides in the nearby village, showed me around. Permal visited Canada and America last summer with Mr. Forgie, and spent time in more than 50 camps, seeing installations and getting new ideas for the improvement of Tonakela.

In an otherwise arid landscape, Tonakela presents a wonderfully green oasis. This is due to a never-failing spring, that has been known to pilgrims and local inhabitants for more than two thousand years. The camp is spacious and well laid out, with attractive shrubs, flowering plants, handsome trees and a lovely green lawn.

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The program varies with the needs and interests of each group. Sports are enjoyed, as are singing and crafts. Swimming is the most popular activity. Much time is de-

Camping Magazine, May, 1957

## the Far East

voted to discussion groups on many and varied subjects. Permal is always on hand to make suggestions and help with programming.

Tonakela also has a Residential Convalescent Pavilion, where children referred by hospitals may recuperate after serious illnesses. Ten boys can be accommodated at a time. Several Schools for the Blind use the camp from time to time, and these people often walk 12 miles from Poonamall to get there.

### Children's Breakfast

Local children, totaling about 25 small girls and boys, get a daily free breakfast at Tonakela. I arrived in time for the morning meal. It was interesting to see the little ones come running into the camp grounds, go to the trough to wash their hands, dry them by waving them in the breeze, enter the dining pavilion, take their food bowls and sit in orderly rows on the floor. A seven-year old boy led a prayer in the Tamil language in which all the children joined. Then they held out their bowls and were served a cereal that is known for its protein content, fruit and a drink.

Permal took me over to show me the village which consists of about 30 grass huts, with floors of hard packed dirt and roofs of thatched rushes.

A few of the villagers went over to the camp to do some cleanup work there and to look after the grounds. They are very proud of Tonakela, and consider themselves fortunate to live near it.

It was heartwarming to see, in a foreign land, so many of our good camping practices put to excellent use. Tonakela serves as a model for camping in Eastern countries. People come from all over India to see it in operation. We can be proud that many members of ACA are interested in and help further the work of this worth-while project.

—Mrs. Sinn is co-director of Camp Severance, New York, and chairman of ACA's Publications Committee.

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## AFTER TAPS

*... the time when directors, leaders, and counselors recall the successes and failures of the day, plan to make tomorrow a better day, and think about the opportunities — seized and missed — of this wonderful thing called camping.*

# Democracy in the Camp Setting

By Valeda C. Hudson

**D**EMOCRACY, as it applies to a child, has been defined as:

Freedom given a child to make progressively more significant decisions concerning his own welfare.

Respect shown for his uniqueness.

Understanding of his particular needs and how they may be fulfilled.

Cooperative effort in seeking individual and mutual satisfactions both parents (counselors) and children desire.

What can a camp do to foster democratic procedures? We have to start with staff, or even before that, with the overall philosophy of administration. Autocratic methods and top level control can hardly foster democracy at the grass roots. Selection of counselors who are willing to act as advisors and guides and partners is essential. With open-minded leadership, and personnel practices reflecting democratic standards (staff meetings, suggestions from counselors heeded, free time for counselors,) the stage is set for the campers to live and learn democracy.

At camp, probably the most time is spent with the living group. Campers eat, sleep, and do chores together. Here is the base for learning to live and get along well in a group. Here the counselor who plays his hand well can develop citizens aware of the responsibilities as well as the privileges inherent in a democratic society. It is the duty of the camp administration to permit individual freedom to the extent that the campers have the opportunity to plan and to choose, and then to live by their choices. Every child has the right to make a mistake—in so doing he'll undoubtedly learn that one must remember to bring the grease if pancakes are on the cookout menu, and that his untidy bed prevented his cabin from winning inspection.

Campers, too, must be free to take part in the activities most interesting to themselves rather than be rigidly scheduled to eat at seven, clean-up at eight, sing at eight-thirty, and play games at nine.

Democratic living is a challenge—in camp as elsewhere. Individuals must learn to cooperate with the group as a whole and abide by group decisions, yet their right to rebel must be recognized. We have mentioned that the overall setting must be built upon democratic principles before the concept may be taught. Use of camper councils to decide and enforce camp policies and plan all-camp events, and use of counselor committees to work out staff arrangements are methods commonly employed. Each council member must reflect his constituents' views and not only his own. This is valuable training for the representatives. People who know the reasons behind certain decisions and have a part in making those concerning themselves, are usually happier about abiding by these decisions.

It is a lot easier for a director to sit down during the winter and outline the course of events that will be followed next summer. He need only to hire a bunch of "yes men" to carry through his plans. His campers may become expert riders, archers, swimmers, baseball players. But what of their social adjustment? Can they be left alone without going wild? Will they return to the city with an appreciation of group living?

The course of democracy may be rugged and rough; it may be a long, hard pull. Until everyone understands and is working on the beam, there may be administrative headaches. This is the price to pay for one little camper who can stand on his feet and say, "No, I don't think we should go to Swift Island for an overnight again. Last week it took us so long to paddle there, that by the time we had finished supper, it was time to go to bed." If camping is to count for something in a child's life, it must practice the democracy that it preaches.

—Miss Hudson is an instructor in Recreation Youth Leadership, Springfield College, Springfield, Mass.

Camping Magazine, May, 1957



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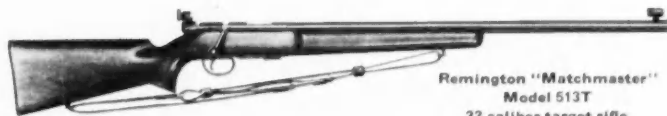
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